

Red Rock Grady County RX Programs

March 2020

National Drug and Alcohol facts week is an annual health observance week that connects teens with experts to **SHATTER THE MYTHS** about drugs and alcohol. This year it will be the week of March 30th to April 5th. The web chat provides an online opportunity for thousands of students from around the country to communicate directly with scientists, answering questions about drugs and alcohol. The chat day will be held on April 1st and you can register at www.nidachat.org/register.

Please visit the website below for more information and several other useful resources.

NDAFW will be held Monday, March 30 - Sunday, April 5, 2020.

[Register for NDAFW](#)

IF YOU ARE PRESCRIBED A OPIOID, PLEASE PRACTICE THESE SAFE USE TIPS BELOW:

- ◆ Discuss the risks with your healthcare provider
- ◆ Never take opioids in greater amounts or more often than what was prescribed to you
- ◆ Follow up with your healthcare provider on how to manage your pain
- ◆ Never sell or share your prescription opioids. It is illegal.
- ◆ Never take another persons prescription opioids.
- ◆ It is important to also have Naloxone on hand

If you are in need of a naloxone kit, you can visit our Naloxone hub at the Red Rock Chickasha Office. **The kits are free and anonymous.**

DON'T HAVE ONE WITHOUT THE OTHER.

If you have Opioid medications in the house you need Naloxone.

SAVE SOME NALOXONE.



[Learn More](#)