

MEDIA CONTACT

Sarah Keeth

Regional Prevention Coordinator

Skeeth@red-rock.com

405-761-1146

The Drug You Need to Know About

January 7, 2019 – Emergencies are stressful, especially when the situations involve your friends and family. Enough opioids were dispensed to Canadian County residents for every adult to have the equivalent of 149 hydrocodone 10mg tablets. (Injury Prevention Services) All it takes is one too many to send your body in a state of distress and begin to shut down your body. Naloxone can treat narcotic overdose in an emergency and save a life. Naloxone comes in the form of a shot or a nasal spray.

Oklahoma ranks 8th highest in drug overdose deaths nationally. Individuals using heroin, pain killers for chronic pain, and those with a previous substance abuse disorder coming off an abstinent period such as jail, detox, or inpatient are at risk for opioid overdose. Below is a table that will help you distinguish signs of potential overdose and overdose;

REALLY HIGH	OVERDOSE
Pupils pinned	Pupils pinned
Nodding, but arousable (responds to sternal rub)	Not arousable (no response to sternal rub)
Speech is slurred	Very infrequent or no breathing

<p>Sleepy, intoxicated, but breathing</p> <ul style="list-style-type: none"> · 8 or more times per minute 	<p>Breathing slow or stopped</p> <ul style="list-style-type: none"> · Less than 8 times per minute · May hear choking sounds or gurgling/snoring noises · Blue lips, blue fingertips
<p>Stimulate and observe</p>	<p>Rescue breathe + give naloxone</p>

If you or someone you know is in need of this life-saving mechanism, there are easy and cost-effective ways that will allow you to have access to Naloxone. Visit Okimready.org for a list of locations. Red Rock Behavior Health Services locations in both Yukon and El Reno are hubs for Naloxone. You can also text “Naloxone” to 55155 for locations.

Stay educated of what’s going on in your community and potential dangers threatening your friends and family by visiting okimready.org. Red Rock RPC team is always happy to be a point of contact with questions or desire for more training and education for business, schools, and organizations. Naloxone can save a life, but only if you know how and when to utilize it.



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