

## **For Immediate Release November 6, 2018**

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# **Lock it away, so it won't go astray.**

With opioid dependence at an all-time high, it's time to take the extra step to protect your loved ones from prescription pill misuse. Nearly four out of five unintentional prescription drug overdose deaths in Oklahoma involve at least one prescription opioid (Injury Prevention Service). Red Rock RPC encourages you to store your medications before the busy holiday season safely.

With the busy holiday season, hosting family and friends at your house is almost inevitable. More Oklahoma adults aged 25-64 die of unintentional prescription opioid overdoses than motor vehicle crashes. Take the extra step to store your prescription medicines and give yourself one less thing to worry about.

Mixing up prescription pill bottles is easier than it looks, especially if labels have the same last name on them. The holiday season is also a time where viruses and sicknesses are passed like gift exchanges. This dangerous mix up can lead to unintentional opioid overdose or worsening symptoms and side effects. The youth in your family and friends may be looking for a cure to their illness/pain or a way to spice up their winter break. Youth in Canadian County are more likely to receive prescription drugs from family members or youth at a party than

by a doctor. Red Rock RPC encourages you to lock your prescription drugs away so that they don't go astray.

Red Rock RPC is funded through the Oklahoma Department of Mental Health and Substance Abuse Services (ODMHSAS).

