

FOR IMMEDIATE RELEASE:

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Safely Dispose Your Unused or Expired Prescription Medicine

Red Rock RPC would like to share a valuable resource that may help prevent a family or friend from abusing your unused or expired prescription medicine. Most people who abuse prescription opioid drugs get them for free from a friend or relative, but those at highest risk of overdose are as likely to get them from a doctor's prescription. Data has shown that the majority of all people who use opioids for nonmedical reasons (using drugs without a prescription, or using drugs just for the "high" they cause) get the drugs from friends or family for free. Prevention efforts have focused on this group, emphasizing methods such as collecting unused medications through the OBN Drop Boxes that are aimed at providing a safe and convenient way of disposing of prescription drugs responsibly.

One way to help decrease prescription sharing is to properly dispose of your unwanted or expired medications through the Oklahoma Bureau of Narcotics (OBN) drop boxes. You can find a drop box near you by going to <http://www.ok.gov/obnidd/>.

Red Rock RPC takes a proactive approach in reducing substance abuse among communities. They identify factors in a community that cause the risk of substance abuse and work to promote protective factors that serve to minimize the risk of substance use/abuse. Red Rock RPC is funded through the Oklahoma Department of Mental Health and Substance Abuse Services.

For more information on the Rx Drop Boxes or the RPC please contact Red Rock RPC Director, Lynsi Mayfield at (580) 323-9736 or visit the RPC website at www.redrockrpc.com.