

RED ROCK RPC

Coalition Community Calendar

- * **May 9th-
Canadian
County for
Children &
Families
Coalition,
12:00 p.m.,
El Reno**
- * **May 10th-
MPACT
Coalition,
12:00 p.m.,
Mustang**
- * **May 17th-
Grady County
Coalition,
12:00 p.m.,
Chickasha**



Making Each Day Count!

This year, National Prevention Week is May 14-20. The theme for 2017 is "Making Each Day Count" highlighting the important role that individuals and communities have in helping people lead healthy, productive lives and in raising awareness about the importance of substance use prevention and promotion of positive mental health.

National Prevention Week is held each year near the kickoff of summer. Summer is a season filled with celebrations and recreational activities where substance use and abuse can happen, such as graduation parties, proms, weddings, sporting events, and outdoor activities. National Prevention Week is timed to allow schools to take part in a prevention-themed event before the school year ends, raising awareness in students of all ages, and helping to educate young people and their families at this crucial time of year. According to NSDUH, the percentages of marijuana, cigarette and alcohol initiates among youth increase between spring (April and May) and summer (June and July). National Prevention Week is the perfect time to educate young people and families during this crucial time of the year.

Red Rock RPC takes a proactive approach in reducing substance abuse among communities, specifically underage drinking and the non-medical use of prescription drugs. They identify factors in a community that cause the risk of substance abuse and work to promote protective factors that serve to minimize the risk of substance use/abuse.

If you would like more information on National Prevention Week please visit www.sahmsa.gov/preventionweek. For more information about the Regional Prevention Coordinator please visit www.redrockrpc.com or contact the Red Rock RPC at 405-422-8873.

MAY 2017

RED ROCK RPC Contact Information

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Did You Know?

-Oklahoma's Social Host Law means that if you let underage drinking occur at your house or on your property, you will get fined , up to \$500 for the first offense.



Dispose of Unused prescription drugs at your local drop box today! To find a drop box near you visit www.ok.gov/obnnd

Free resources!

If you would like to order free clearinghouse materials regarding Alcohol, tobacco, or other drugs please visit www.odmhsas.org/resourcecenter.

Regional Prevention Coordinator-Region 13 is funded by the Oklahoma Department of Mental Health and Substance Abuse Services