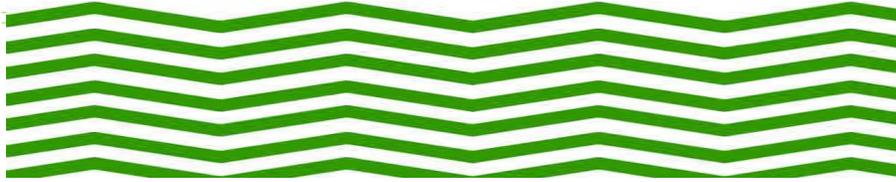


# SPF-SIG Newsletter

Red Rock

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## DISPOSE YOUR LEFT-OVER PRESCRIPTIONS

Do a quick inventory of your medicine cabinet. How many unused prescription pills are hanging out there? If you are like many Americans, your answer is probably:

"Twenty hydrocodone left over from getting my wisdom teeth pulled last year," or

"Fifteen oxycodone left over from the C-section when my son was born."

An estimated 200 million pounds of unused prescriptions are gathering dust in American medicine cabinets, according to the National Community Pharmacists Association. The problem is, those innocuous-seeming

leftovers can end up in the wrong hands and, in extreme cases, lead to an overdose. The number one source of drugs that teenagers abuse is their own home medicine cabinet," said Steve Pasierb, president and CEO of The Partnership at Drugfree.org. "Kids tell us in surveys that there is enough supply at home, at grandma's house, that they don't have to buy them."

If free and easily-accessed prescription drugs for teens goes against your household rules, you may be interested in the Rx drug drop boxes located throughout Canadian County. There are three drop-boxes to

conveniently and anonymously dispose of your unused or unwanted prescription drugs.

The idea behind drop boxes is to provide a free, no-questions-asked way to dispose of your old prescriptions. The drugs are incinerated so that they do not end up in dumps or the water supply.

Gather your unused/unwanted prescriptions. Kids will be less likely to abuse prescription drugs if they are not still sitting in the bathroom cabinet. For more information on drop boxes or prescription drug abuse please call RPC Director Michelle Bugg at 405-354-1928 or visit our website: [www.redrockrpc.com](http://www.redrockrpc.com).



## Contact Information

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- \* [WWW.OK.GOV/OBNDD](http://WWW.OK.GOV/OBNDD)

## Rx DROP BOX LOCATIONS:

### CANADIAN COUNTY SHERIFF'S DEPARTMENT:

304 N. EVANS  
EL RENO, OKLAHOMA

### MUSTANG POLICE DEPARTMENT

650 E. STATE HIGHWAY 152  
MUSTANG, OKLAHOMA

### YUKON POLICE DEPARTMENT

100 S. RANCHWOOD  
YUKON, OKLAHOMA

### PIEDMONT POLICE DEPARTMENT

400 EDMOND ROAD NW  
PIEDMONT, OKLAHOMA



## Prescription Sharing

Prescription drug overdose death rates have been increasing rapidly over the past decade; the misuse and abuse of prescription painkillers was responsible for more than 475,000 emergency department visits in 2009. There are stories from around the nation of people dying from overdoses on prescription pain medications. In 2008 more than 36,000 people died from drug overdoses and according to the Center for Disease Control and Prevention (CDC) 100 people die from drug overdoses every day in the United States. Although a variety of prescription drugs are abused, prescription painkillers (opioid painkillers) cause three out of four overdose deaths. Oklahoma is not excluded from the prescription overdose epidemic and in 2008 15.8 people per 100,00 experienced a drug overdose in Oklahoma.

It is important to understand the dangers of prescription drug misuse and prescription sharing to prevent

overdoses in the community you live in. Here are some steps you can take to protect yourself and your loved ones. Never take a prescription drug that is not prescribed for you, or share your prescription with a friend or family member. There are a variety of precautions that Doctors take to prescribe medicine responsibly, what may be safe for you could be harmful to someone else. Store your prescription medicine in safe places or in boxes that can be locked. This will eliminate the possibility of your child or teenager taking your prescription medication. Lastly, dispose of your prescription medication appropriately by using the prescription drop boxes located throughout Canadian County. If you no longer need the medicine a way to safe guard against prescription drug misuse is to dispose of the unwanted medicine in a prescription drug drop box. Canadian County prescription drop

boxes continue to show they are successful in helping community members appropriately dispose of their unused prescription medicines. The appropriate disposal of prescription medication can reduce the occurrence of drugs being used non-medically and also keeps them out of our water systems. The drop boxes allow community members to dispose of their medications safely and anonymously. **There are four drop boxes in Canadian County located at the Sheriff's Department in El Reno, Mustang Police Department, Yukon Police Department, and the newest location Piedmont Police Department.** For more information on the prescription drop-off boxes or other locations, please contact OBN at <http://www.ok.gov/obnidd/> or for more information on the appropriate disposal of prescription drugs or other substance abuse prevention strategies within Canadian County please contact Red Rock Regional Prevention Coordinator, Michelle Bugg at 1-405-354-1928.