

SPF-SIG Newsletter

DECEMBER 2013

EVENTS CALENDAR

- * **Dec. 4-6:** Prevention and Recovery Conference
- * **Dec. 10:** Canadian County Coalition @12:00
- * **Dec. 11:** SPF/REOW meeting @12:00
- * **Dec. 12:-**YuCan @8:00 a.m.
- * **Dec. 12:** MPACT@12:00
- * **Dec. 19th:** Rx State Plan Signing @2:00 pm

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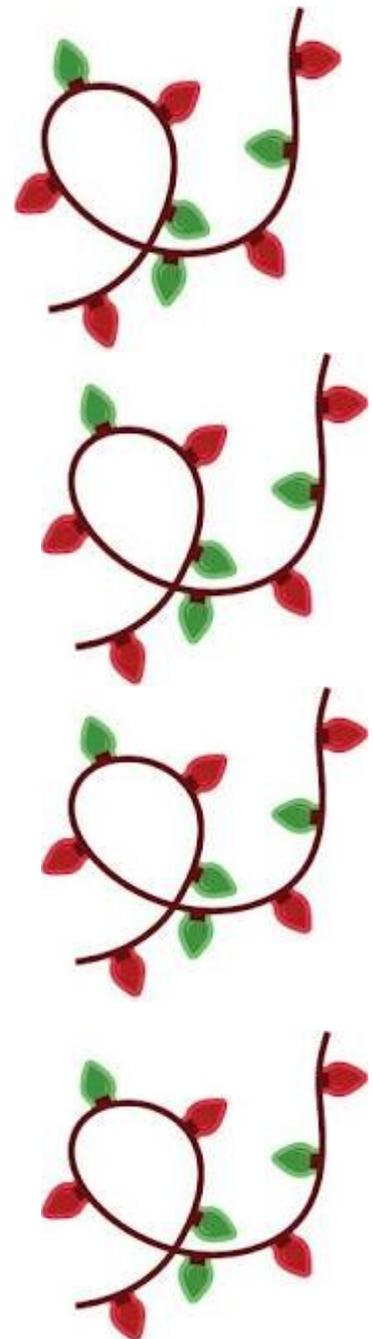
REOW Meeting

The Red Rock RPC is currently implementing our prevention strategies within Canadian and Grady Counties, and would like to take this time to reconvene and invite you to the next Regional Epidemiological Outcomes Workgroup (REOW) meeting on Wednesday, December 11, 2013, at Red Rock Behavioral Health Services office in El Reno beginning at 12:00 p.m.

The purpose of the REOW is to collect and discuss data regarding the needs in Canadian and Grady Counties. Prevention begins within communities—helping individuals to learn that they can have an impact in solving their local problems and setting local norms. Red Rock RPC emphasizes collaboration and cooperation, both to conserve limited resources, and to build on existing

relationships with the community. Community groups are routinely used to explore new, creative ways to use existing resources.

Comprehensive prevention efforts target many agencies and systems, and use many strategies in order to have the broadest possible impact. Red Rock RPC has identified you as key strategic partner. You are requested to be a part of this influential group of experts to help lead the direction of our prevention efforts.



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Helpful Websites:

- * www.Drugfree.org
- * www.Ok.gov/odmhsas
- * www.Ok.gov/obndd

Drop Box Locations

CANADIAN COUNTY SHERIFF'S DEPARTMENT:

304 N. EVANS
EL RENO, OKLAHOMA

MUSTANG POLICE DEPARTMENT

650 E. STATE HIGHWAY 152
MUSTANG, OKLAHOMA

YUKON POLICE DEPARTMENT

100 S. RANCHWOOD
YUKON, OKLAHOMA

PIEDMONT POLICE DEPARTMENT

400 EDMOND ROAD NW
PIEDMONT, OKLAHOMA



Prescription Sharing

Prescription drug overdose death rates have been increasing rapidly over the past decade; the misuse and abuse of prescription painkillers was responsible for more than 475,000 emergency department visits in 2009. There are stories from around the nation of people dying from overdoses on prescription pain medications. In 2008 more than 36,000 people died from drug overdoses and according to the Center for Disease Control and Prevention (CDC) 100 people die from drug overdoses every day in the United States. Although a variety of prescription drugs are abused, prescription painkillers (opioid painkillers) cause three out of four overdose deaths. Oklahoma is not excluded from the prescription overdose epidemic and in 2008 15.8 people per 100,00 experienced a drug overdose in Oklahoma.

It is important to understand the dangers of prescription drug misuse and prescription sharing to prevent overdoses in the community you live in. Here are some steps you can take to protect yourself and your loved ones. Never take a prescription drug that is not prescribed for you, or share your prescription with a friend or family member. There are a variety of precautions that Doctors take to prescribe medicine responsibly, what may be safe for you could be harmful to someone else. Store your prescription medicine in safe places or in boxes that can be locked. This will eliminate the possibility of your child or teenager taking your prescription medication. Lastly, dispose of your prescription medication appropriately by using the prescription drop boxes located throughout Canadian County. If you no longer need the medicine a way to safe guard against prescription drug misuse is to dispose of the unwanted medicine in a prescription drug drop box. Canadian County prescription drop boxes continue to show they are successful in helping community members

appropriately dispose of their unused prescription medicines. The appropriate disposal of prescription medication can reduce the occurrence of drugs being used non-medically and also keeps them out of our water systems. The drop boxes allow community members to dispose of their medications safely and anonymously. **There are four drop boxes in Canadian County located at the Sheriff's Department in El Reno, Mustang Police Department, Yukon Police Department, and the newest location Piedmont Police Department.** For more information on the prescription drop-off boxes or other locations, please contact OBN at <http://www.ok.gov/obndd/> or for more information on the appropriate disposal of prescription drugs or other substance abuse prevention strategies within Canadian County please contact Red Rock Regional Prevention Coordinator, Michelle Bugg at 1-405-354-1928.