

Red Rock Behavioral Health
Services

SPF-PFS Newsletter

MARCH 2018



Upcoming Dates:

- March 11:** Daylight Savings Time
- March 17:** St. Patrick's Day
- March 20:** First Day of Spring
- March 21:** Grady County Coalition Meeting
- March 28:** Chickasha High School Health Fair

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Medication Disposal Available Here!

Dispose your unwanted, unused or expired medication at either location in Grady County. It's safe and anonymous!

- Chickasha Police Department
- Grady County Sheriff's Office

Medication Disposal Pharmacy Locations:

- Cedar Springs Pharmacy-Tuttle
- Chickasha Clinic Pharmacy-Chickasha
- Grand Care Pharmacy-Chickasha
- Liberty Drug Pharmacy-Chickasha

Oklahoma SPF-PFS project is funded by SAMHSA (Substance Abuse and Mental Health Services Administration), CSAP (Center for Substance Abuse Prevention) and the Oklahoma Department of Mental Health and Substance Abuse Services



SPF-PFS Vision:

"To reduce the non-medical use of prescription drugs in Grady County"



Oklahoma Prevention Needs Assessment Survey

- **What is OPNA?**
- Anonymous statewide risk and protective factor student survey of 6th, 8th, 10th, and 12th graders conducted by the Oklahoma Department of Mental Health and Substance Abuse Services
- **Why is it important?**
- Substance abuse has a negative effect on student performance. OPNA differs in that it tells us why students are using. These “risk factors” impact school outcomes.
- **How is it beneficial?**
- Data is needed for funding of Regional Prevention Coordinators (RPCs), Tribal entities, and other community partners to plan for and evaluate evidence-based strategies that seek to decrease substance abuse among youth and adults.
- Data collected can be used by schools to:
- Apply for grants such as afterschool programs and Drug-Free Communities
- Monitor drug testing programs
- Develop school safety initiatives
- Implement drug and alcohol education programs
- **What are the requirements?**
- Survey at least 70% of students in grades 6, 8, 10, and 12 in the district so the data is valid and reliable

