

The logo for Red Rock Regional Prevention Coordinator (RPC) is displayed in a stylized, cursive font. The words "Red Rock" are stacked above "RPC". The text is primarily red with a blue outline and a white drop shadow, set against a background of a stylized American flag with gold stars on a dark blue field.

Red Rock  
RPC

The text "JULY 2016" is written in a large, blue, cursive font with a red outline and a white drop shadow. It is positioned in the upper right corner of the page, overlapping the gold and red stripes of the American flag background.

JULY  
2016

## Safe Disposal of Unused or Expired Prescription Medicines

Red Rock Regional Prevention Coordinator (RPC) would like you to know the importance of disposing prescription drugs properly. According to the Take as Prescribed website, prescription drug abuse is Oklahoma's fastest growing drug problem and in 2012, Oklahoma had the fifth highest unintentional poisoning death rate in the nation (18.6 deaths per 100,000 population).

Many people have prescriptions that are expired or unused and because of the increase in prescription drug abuse it is important to safely dispose of those medicines. Medicine take-back programs are a good way to remove expired, unused or unwanted medicines from the home. The Oklahoma Bureau of Narcotics and Dangerous Drugs (OBND) has many drop off boxes for people to securely and safely dispose of any unused, unwanted, or expired prescription drugs. To find a drop off box near you, please visit <http://www.ok.gov/obnd/>.

For more information on the growing prescription drug abuse problem in Oklahoma, please visit [www.takeasprescribed.org](http://www.takeasprescribed.org). The RPC's mission is to encourage individual responsibility, positive behavior, and personal growth; strengthen families and communities; promote a drug-free society through education, training, prevention, research, advocacy, and environmental strategies. Red Rock RPC is funded through the Oklahoma Department of Mental Health and Substance Abuse Services. For more information on services please contact Red Rock RPC Director, Lynsi Mayfield, at (580)323-9736 or visit

## Did You Know?

- **Oklahoma's Social Host Law means that if you let underage drinking occur at your house or on your property, you will get fined , up to \$500 for the first offense.**

## What's Happening?

July 8- CHAT Coalition, 12:00,  
Clinton Veteran's Center

July 13- CCIC, 12:00, First  
United Methodist Church of  
Anadarko

July 18-Kiowa County Coalition,  
1:00 , Hobart Health Department

July 21- ALITE, 12:00, Elk City  
City Hall

## FREE RESOURCES!

If you would like to order free clearinghouse materials regarding Alcohol, tobacco, or other drugs please visit [www.odmhsas.org/resourcecenter](http://www.odmhsas.org/resourcecenter).

# Happy 4th of July!!

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