

# Red Rock RPC

## January 2016

The Regional Prevention Coordinator (RPC) located at Red Rock Behavioral Health Services in Clinton, OK would like the community to be aware of our services and what support the RPC can provide. Our primary focus is to serve as a community resource. Red Rock RPC educates and informs communities through multiple strategies including community based services, environmental strategies, early recognition, and referral. Red Rock RPC provides services to a nine county area which includes: Beckham, Blaine, Caddo, Custer, Dewey, Greer, Kiowa, Roger-Mills, and Washita counties.

Red Rock RPC takes a proactive approach in reducing substance abuse among communities, specifically the non-medical use of prescription drugs & underage drinking in Custer County. They identify factors in a community that cause the risk of substance abuse and work to promote protective factors that serve to minimize the risk of substance use/abuse.

The Red Rock RPC program incorporates prevention activities such as:

- Technical support to area coalitions in the nine county area
- Technical support to minimize gaps in current local laws through passing model local ordinances
- Assistance with alcohol and tobacco compliance operations
- Youth conferences/youth leadership trainings
- Town hall meetings
- Responsible Beverage Service and Sales training
- Place of Last Drink risk assessments
- Promote local prescription drop boxes
- Other environmental strategies



The RPC's Mission is to:

- Encourage individual responsibility, positive behavior, and personal growth
- Strengthen families and communities
- Promote a drug-free society through education, training, prevention, research, advocacy, and environmental strategies

The idea is to equip communities, organizations, law enforcement, schools, and other community members so that they may have an impact on solving local problems and setting local norms.

Red Rock RPC is funded through the Oklahoma Department of Mental Health and Substance Abuse Services. For more information on services please contact Red Rock RPC Director, Lynsi Mayfield, at (580)323-9736 or visit the RPC website at [www.redrockrpc.com](http://www.redrockrpc.com).

# OPNA 2016

The Oklahoma Prevention Needs Assessment is a survey that assesses substance abuse among 6th, 8th, 10th and 12th graders. It not only tells us WHAT is going on in our communities, but WHY it's going on. Here are some quick facts regarding the survey this year.

- Offered February 1-May 6, 2016
- It is free of charge
- Online version available
- Voluntary and offered to 6th, 8th, 10th and 12th graders
- At least passive consent is required from parents, but active consent is also available
- Assesses risk and protective factors
- Results can be used for grant opportunities

Red Rock RPC is available to help if you're school is interested in taking the survey. Please contact Lynsi at 580-323-9736.

## What's Going on?

January 8-CHAT 12pm-Weatherford, OK

January 12-BCCHAT 12pm-Watonga, OK

January 13-CCIC 12pm-Anadarko, OK

January 21-OUR Turning Point 12pm-Elk City, OK



The RPC would like to welcome Allison Robertson to the RPC team! Alli will be our new RPC Coordinator. She just graduated from Oklahoma State University and will be settling in Hammon, OK. We are so excited to have her on our prevention team!!

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