



Red Rock RPC 2014

What's Happening?

- November 4 -BCCHAT, noon, Watonga
- November 7-CHAT, noon, Clinton
- November 12-Caddo County Interagency Coalition, noon, Anadarko
- November 17-Kiowa County Coalition, 1:00 p.m., Hobart
- November 20-OUR Turning Point Coalition, noon, Elk City

Did You Know?

- **Oklahoma's Social Host Law means that if you let underage drinking occur at your house or on your property, you will get fined , up to \$500 for the first offense.**
- **Fetal Alcohol Spectrum Disorder (FASD) is 100% Preventable!**



Alcohol Compliance Check update:

On September 22, 2014 the Regional Prevention Coordinator (RPC) in conjunction with the ABLE Commission and the Clinton Police Department conducted 14 alcohol compliance checks in Clinton. Through the compliance checks, 0 out of the 14 stores sold to a minor.

On September 24, 2014, the Regional Prevention Coordinator (RPC) in conjunction with the ABLE Commission conducted 12 alcohol compliance checks in Elk City. Through the compliance checks, 0 of the 12 stores sold to a minor.

Each year the RPC conducts 100 or more Alcohol Compliance Checks throughout the cities of Beckham, Blaine, Caddo, Custer, Dewey, Greer, Kiowa, Roger Mills and Washita counties. Alcohol Compliance Checks target retailers in the community to assess whether they will sell alcohol to a minor.

The RPC would like to thank those stores in Clinton and Elk City for not selling alcohol to a minor and for being in compliance with the law!

Reward Reminder Visit Update:

On September 16, 2014 Red Rock Regional Prevention Coordinator (RPC) conducted Tobacco Reward Reminder Visits at local convenient stores in Watonga, Okeene, Canton, Thomas, and Weatherford. 12 out of the 15 stores checked were in compliance with the law.

On September 20, 2014 Red Rock Regional Prevention Coordinator (RPC) conducted Tobacco Reward Reminder Visits at local convenient stores in Hinton, Lookeba, Gracemont, Anadarko, and Hydro. 9 out of the 11 stores checked were in compliance with the law.

The RPC will conduct over 100 Tobacco Reward Reminder checks this year across Beckham, Blaine, Caddo, Custer, Dewey, Greer, Kiowa, Roger-Mills and Washita Counties in hopes of educating store clerks about the harmful effects of tobacco use for minors.

Reward Reminder Visits target retailers in the community to assess whether they will sell tobacco products to those under the age 18. The RPC staff use minors to attempt to purchase these products. After the attempted purchase, the retailers are informed on the spot that they were just involved in a tobacco buy operation. If they do not sell to the minor, then they are given educational materials and a thank you card for not selling. However, if they did attempt to sell to the minor, they are warned that they could be fined through the ABLE Commission and are also given educational materials. The retail managers are sent informational materials and a letter informing them of how their staff performed.

The RPC is funded through the Oklahoma Department of Mental Health and Substance Abuse Services and are required to conduct a specific number of these visits each fiscal year.



Alcohol and Pregnancy

A mother's alcohol use during pregnancy can cause birth defects and developmental disabilities. Fetal alcohol spectrum disorders (FASDs) is the name given to a group of conditions that a person can have if that person's mother drank alcohol while she was pregnant. These conditions include physical and intellectual disabilities, as well as problems with behavior and learning. Often, a person has a mix of these problems. FASDs are a leading known cause of intellectual disability and birth defects.

Some signs of FASDs can be physical or intellectual. They can affect the mind or the body, or both. Because FASDs make up a group of disorders, people with FASDs can show a wide range and mix of signs. Physical signs of FASDs can include abnormal facial features such as narrow eye openings and a smooth philtrum (the ridge between the upper lip and nose), small head size, short stature, and low body weight. Rarely, problems with the heart, kidneys, bones, or hearing might be present. Intellectual and behavioral signs of FASDs might include problems with memory, judgment or impulse control, motor skills, academics (especially in math), paying attention, and low IQ. Specific learning disabilities are also possible.

These problems are completely preventable. Ways to prevent FASDs are to not drink alcohol if you are pregnant; trying to become pregnant; or even could become pregnant without trying. If you are pregnant and drinking alcohol, stop now.

Red Rock Regional Prevention Coordinator (RPC) takes a proactive approach in reducing substance abuse among communities, specifically the non-medical use of prescription drugs, Fetal Alcohol Spectrum Disorder, and under-age drinking. They identify factors in a community that cause the risk of substance abuse and work to promote protective factors that serve to minimize the risk of substance use/abuse.

If you have questions regarding alcohol and pregnancy, talk to your doctor, nurse or other health care professional. For more information regarding FASDs', visit the Center for Disease Control's (CDC) website at www.cdc.gov/ncbddd/fas, the FASD Communities website at www.fasdcommunities.com, or contact Red Rock Regional Prevention Coordinator (RPC) at 580-323-9736.



Ashley Cline

Director of Prevention Programs

(405)354-1928

ashleyc@red-rock.com

Lauren Greenfield

RPC Director-Clinton

(580)323-9736

laureng@red-rock.com

Jenna Delk

Prevention Educator

(580)323-9783

jennad@red-rock.com